MYELOMA TREATMENT - DIAGNOSIS to TRANSPLANT to RECOVERY

4 to 6 months pre-transplant	4 to 6 weeks pre-transplant	2 to 3 weeks pre-transplant	1 to 2 weeks pre-transplant	STEM CELL TRANSPLANT	Day 1 to 21 post-transplant	3 to 4 weeks post-transplant	3 to 6 months post-transplant
EVALUATION/ASSESSMENT	TESTS	VGH appointments	STEM CELL COLLECTION	TRANSPLANT	BLOOD COUNT RECOVERY	FOLLOW UP	RECOVERY
Myeloma diagnosis by your doctor Referral to a local	Nurse Navigator follow up call	In person consultation with BMT health care team	Injection/medication to move stem cells into bloodstream	High-dose chemotherapy - 1 day before stem cell transplant	Day 1-6 blood count drops to low levels	BMT Hematologist/	Monthly follow up visits primary
hematologist/oncologist	Bloodwork	IV Catheter Insertion	Stem Cell Collection	Stem cell	Day 7-13 blood count	oncologist follow up appointment	cancer doctor
Consultation with BMT hematologist/oncologist	Heart Tests (ECG, RVG)	(Hickman Line) Hematology Apheresis	Lab confirms sufficient stem cell collected	transplant/Infusion Day 0	low levels Day 14 to 21 blood	Catheter removal (Hickman line)	Maintenance drug therapy (if recommended)
Nurse Navigator phone call 1-3 weeks post consultation	Lung Tests (PFT) & Chest X-Ray	Unit (HAU) visit	COVID 19 screening (if required)		count goes up	BMT Daycare discharge (when	Bone strengthener treatment (if
Diagnostic tests - blood work, urine	Kidney Test - 24hr urine collection	Thrombosis Clinic visit			BMT Daycare visits every 1 to 3 days for bloodwork & check up	appropriate)	recommended)
collection, bone biopsy Imaging tests (if ordered) - full	Dentist check up	BMT Social Worker consultation			BMT Pharmacist	Referral back to primary cancer doctor	Re-vaccination (if recommended)
body X-ray, CT scan, MRI, PET scan		BMT Dietitian consultation			consultation		Hair growth 3 to 6 months
Chemotherapy/Inductiont					BMT Physiotherapist consultation		post transpant
Radiation Therapy (if required) Local Cancer Agency Counseling (if needed)					Hair loss or thinning 2 to 3 weeks post transplant		Recovery at home
							Return to work (if desired)
Local Cancer Agency Dietitian consultation (if needed)							

Note: These are estimated timelines

Local Cancer Agency
Physiotherapist/Pain Management
consultation (if needed)