

## Resources

[Canadian Cancer Society – Sexual Problems, Female Sex Organs](#)

[Canadian Cancer Society – Sex, Intimacy and Cancer book](#)

[BC Cancer Sexual Health](#)

[My Health Alberta Sexual Health Resources](#)

[Look Good Feel Better Program](#)

[American Society of Clinical Oncology – Sexual Health and Cancer Treatment: Women](#)

## Common concerns we can help with:

- Managing menopausal symptoms
- Vulvar and vaginal dryness
- Pain with sex or any genital touch, such as pelvic exams
- Questions about changes in sexual function
- Decreased sexual desire
- Changes in genital sensations and orgasm
- Talking about sexuality and intimacy with your partner

## Contact information

Vancouver Sexual Health & Menopause Clinic

Call 604.877.6000 ext 672367

Fax 604.877.6179

BC Cancer – Vancouver

600 West 10th Avenue

Vancouver, B.C.

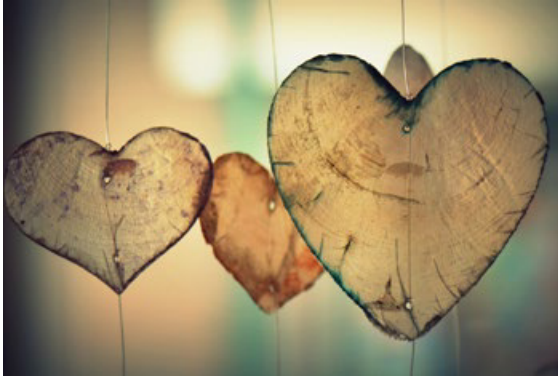


Provincial Health Services Authority

## Vancouver Sexual Health & Menopause Clinic



Free, confidential support  
for people with cancer  
and their partners



## What is the Vancouver Sexual Health & Menopause Clinic?

Vancouver Sexual Health & Menopause Clinic is a supportive care service for BC Cancer patients.

Sexual health is an important part of well-being. Cancer diagnosis, treatment and recovery can impact sexuality and quality of life in many ways. The goal of the clinic is to support you through any changes you experience.

### The clinic offers:

- Consultation and follow-up with a gynecologist
- Psychological and sex therapy support
- Introduction to pelvic floor physiotherapy
- Group education sessions  
– a chance for people to connect

## Who is the clinic for?

### People with cancer who have concerns about sexual health or menopause:

- Single or partnered people
- Undergoing active treatment or finished treatment
- Anyone assigned female at birth including women, trans men, non-binary individuals

### For those interested in learning:

- How cancer and its treatment may impact your sexual health
- How to manage changes to your vulva and vagina that affect sexual function
- How to manage symptoms of menopause
- How to adapt to other sexual impacts, such as body image changes, or loss of sexual desire

Partners are welcome and encouraged to attend.

## How do I get an appointment?

- Ask your BC Cancer care team to refer you

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## What can I expect at my appointment?

- A health history including medication review
- A sexual health history, to understand your needs
- A focused gynecological exam

Together, we will create a treatment plan based on your needs and goals.

The doctor may refer you to other services including couples counselling, individual therapy or pelvic floor physiotherapy.

All appointments are private and confidential.

## Where will the appointment be?

### You can attend the clinic:

- In-person at BC Cancer – Vancouver, 600 West 10th Avenue
- In-person at Diamond Health Care Centre, 2775 Laurel Street
- By telephone

No virtual appointments at this time.